

# Bookcliff Middle School



March 2017

Jim Butterfield, Principal | JB Phillips, Asst. Principal | Teri Lefebvre, Asst. Principal | Tami Moore, Secretary | Becky Childress, Secretary | Lolis Leon, Secretary

Enjoy this edition of the Bookcliff newsletter that has been brought to you by the 8th grade Yearbook class!

## Important Dates

### D51 Scholastica Tournament

March 3rd, 2017  
@ Bookcliff Activity Center

### End of 3rd Quarter Teacher Work Day

March 10th, 2017

### 6th Grade Music Elementary Tour

March 14th, 2017

### District Wrestling Tournament

March 15-16, 2017

### School Party

March 17th, 2017

### Spring Break

March 20-24, 2017

### Track Starts

March 27th, 2017

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Hello Bookcliff Middle School Parents -

I would like to take this opportunity to tell you why I think you should allow your child to participate in the upcoming CMAS/PARCC testing. There are many reasons that I feel it valuable, and I appreciate you taking the time to read through these as you formulate your own thoughts.

1. Students will be testing a much shorter amount of time than in the past years. Each grade has their assigned tests, and it is our plan to get it done in 9 days total. 6th and 7th grade in 2 days each and four and a half for 8th grade. That is about half of the allotted days from three years ago.
2. Bookcliff uses the results as best as possible to help build your student's schedule, develop and update individual learning plans, and as evidence for academic planning in honors courses.
3. The data parents receive about their child's results is very informative. Parents get personalized results which conveys how their child's results compare to same age peers from around the district and state. These systems are always being improved, and even data received after some time can be useful to some extent.
4. Standardized testing is a reality of life and a skill to be practiced. The ACT/SAT test is not far away. In addition, many occupations require some type of test. The ability to sit and show knowledge in this format will be replicated for College Entrance, Advanced Degrees, and many occupations.

I personally believe in the importance of meeting every student where they are at, and supporting them as they move forward. I realize that this testing process can be overwhelming, and I am confident that our teachers will handle this as they handle all other academic endeavors here at Bookcliff. If you have further questions, please feel free to connect with me directly. I appreciate you taking the time to gather all the information before making any decision with respect to your child.

Take care,

Jim Butterfield

## 7th and 8th Grade Track and Field

Written By: Havanna T. and Lindsay G.

The BMS track and field season is coming up soon. Here's the information you need to know as of right now. The season will start March 27th, the Monday after Spring Break. Practice starts at 3:00 after school and ends at 4:30. Track is open to all 7th and 8th grade girls and boys and will last about six weeks. Throughout the season there will be three track meets and will be finished off with District Finals. This is a list of events that students will have the chance to try out.

1. 100m dash
2. 200m dash
3. 400m dash
4. 800m run
5. 1600m, one mile, run
6. Relay races
7. Disc and shotput
8. Long jump
9. Triple jump
10. High jump
11. 100m hurdles

The registration fee is \$70. If you have already participated in any BMS sports it will only cost \$50. If you want to have a lot of fun come and join the BMS track team!

## Fit Tip of the Month

Did you know that body weight exercises can bring great benefits to your health? Body weight exercises are any movement where your body weight provides the resistance. That means you can exercise anywhere you are! Your body is your gym!

Examples of exercises could be:

Situps

Push ups

Pull ups

Squats

Walking lunges

Burpees

And many more.....Just put them into a combination and decide on a time duration or number of rounds, and like magic you have a workout.

For example:

5 push ups

10 sit ups

15 squats

Equals 1 round. Do 10 rounds for time. Have fun and get fit with your own body weight!

# BMS February Students of the Month

February

- 6th – Tessa Roche
- 6th - Abriana Bosco
- 7th - Billy Adams
- 7th - Alison Hebein
- 8th – Anthony Martinez
- 8th – Anna Mueller
- DIA 7th – Michael Palma
- Orchestra - Jordynn Silva
- Art – Kendra Leeper
- Girls P.E. – Karina Ayala
- Tech Ed – Tanner Snow
- ESL – Eduardo Gutierrez
- G T - Elissa Haut



## Alpine Students of the Month

Gizelle Dearcos and Daniel Morris

# This Year's Legacy Project

Written By: Jarod G.

This year's legacy project that the eighth graders will leave behind are 3D printers. Student council has not decided how many they will be buying. They have estimated that if they buy one it will be around \$500 but it could go up to around \$3000 dollars. They are going to try to have this money by the end of the school year, which is mid-May. These legacy projects are important because they help build our community and they let students lead a project that will help other students. This year's legacy project will help students that are coming into Bookcliff with ownership and pride in our school. Past years projects have included, the water bottle filler, the front sign, and the computer lab. These projects have done the same thing and student council aims to add this project to the family.



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# Artist of the Month

Written By: Abigail F., Jazzy L., and M.E. F.

The new artist of the month is 8th grader Vanessa Rivas. She says she was inspired to do art because she started to realize art was beautiful. She said she started when she was in first grade and her favorite artist is Michelangelo. Vanessa's favorite art piece she has created is a picture of an elephant and she became artist of the month because she puts a lot of effort in her work.



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