

SYMPTOMS	EXCLUSION GUIDELINES
<b>Cough</b>	Exclusion recommended if experiencing severe, uncontrolled coughing or wheezing, rapid or difficulty breathing Note: Children with asthma may be cared for in school with a written health care plan and authorization for medication/treatment
<b>Diarrhea (defined as stools that are more frequent and looser than usual)</b>	Exclusion recommended if child looks or acts ill. If they have any other symptoms along with the diarrhea such as vomiting, fever, abdominal pain etc. Also if the diarrhea cannot be contained in a toilet, or if there is blood or mucous in the stool.
<b>Earache</b>	Exclusion not necessary
<b>Fever – 100 degrees and NO symptoms</b>	Exclusion not necessary.
<b>Fever – 100 degrees or greater with symptoms</b>	Exclusion necessary for fever with flu-like symptoms such as: sore throat, body aches, cough, congestion, rash, nausea, vomiting, and diarrhea. *Must stay home for at least 24 hours after there is no longer a fever, without using fever reducing medications.
<b>Fever – 101 degrees and no other symptoms</b>	Exclusion necessary. *Must stay home for at least 24 hours after there is no longer a fever, without using fever reducing medications.
<b>Fever – 103 degrees or higher</b>	Mandatory pick-up within 30 minutes with estimated arrival time required. (Due to increased risk of complications due to high fever.) *Must stay home for at least 24 hours after there is no longer a fever, without using fever reducing medications.
<b>Mouth sores</b>	Exclusion necessary if the student is drooling uncontrollably.
<b>Rash</b>	Rash without fever or behavior changes usually does not require exclusion. Rash with fever or a rash that is spreading quickly, has open, weeping wounds, and/or is not healing, exclusion is recommended. See page 39 in the “Infectious Disease in School Settings” for additional information on rashes.
<b>Stomach ache/ Abdominal pain</b>	Exclusion recommended if the pain is severe, if the pain appears after an injury, or if the student has symptoms in addition to the stomach ache (such as vomiting, fever, diarrhea, etc.)
<b>Vomiting</b>	Exclusion recommended if student has vomited more than two times in 24 hours, if the vomit appears green or bloody, if the student has had a recent head injury, or if the student has symptoms in addition to the vomiting (such as fever, diarrhea, etc.).

Exclusion is **recommended** if:

- The student does not feel well enough to participate comfortably in usual activities.
- The student has a high fever, behavior changes, persistent crying, difficulty breathing, lack of energy, uncontrolled coughing, or other signs suggesting a severe illness.
- The student requires more care than school personnel are able to provide.
- The illness is on the list of symptoms or illness for which temporary exclusion is recommended.

Last update 5/15/14

Colorado Department of Public Health and Environment. Infectious Disease in School Settings. Guidelines for School Nurses and Personnel. December 2004

Pamela Nii, RN, NCSN and Christine Perreault, RN, MHA – January 2010 The Children's Hospital, Aurora, CO Illness Policy: How sick is too sick? When to Keep Children at Home.

Center for Disease Control, Guidance for School Administrators to Help Reduce the Spread of Seasonal Influenza in K-12 Schools during the 2010-2011 School Year.